



**EXPLANATION for PARENTS  
for The Putney School Health Services**

**FORMS**

- You, as parent/guardian, complete the “Permission to Treat” form and the “Health Insurance” form. **IMPORTANT: Please be sure to attach photocopies of the front and back of your child’s health insurance card.**
- Your child’s physician completes the “Health History & Physical Exam” form.

Stapled to the “Health History” form are the “Prescription Medication” form (*to be completed by your doctor if your child takes prescription medications*) and the “Mental Health Report” (*to be completed by a mental health professional if your child has had mental health services within the past two years*).

Your child does not need a new physical exam if he/she has had one within a year of arriving at Putney. Please contact your physician’s office as soon as possible to arrange completion of the “Health History” form.

We appreciate you returning these forms to our Summer Programs office well before summer arrives. Our Health Services nursing staff carefully reviews each student’s forms and identifies the individual needs of each student. This process affords us time, if necessary, to connect with families before the start of the program to clarify a student’s needs.

**MEDICATIONS**

If your child takes regular meds, bring a sufficient supply – in the original prescription containers – for his/her whole stay at Putney. At registration, the student’s medications are given to the Nurse, who will keep them in the Health Services office.

If your student is taking a break from prescribed medication for the summer or while at Putney, we must have a written statement from your child’s physician explaining the reasons for the break and what behaviors we might expect.

**CONFIDENTIALITY & DISCLOSURE**

We keep all health information confidential. We ask that families share all relevant medical information about a prospective student during the application process. If it is determined that pertinent health information about the student has not been communicated, including a “summer break” from medication, the Summer Programs Director reserves the right to rescind the offer of admission or dismiss the student from the program without refund and at the parent’s expense.

**QUESTIONS?**

If you have any questions about the health forms or anything else related to your teen’s stay at Putney this summer, please contact the Summer Programs office at (802) 387-6297 or email [summer@putneyschool.org](mailto:summer@putneyschool.org). Our fax number is (802) 387-6216.